



MASSAGES & TREATMENTS AT TENUTA LE CAVE

Our SPA is a place to rediscover well-being and rediscover harmony between mind and body. A universe made up of simple gestures, fragrances, colours, atmospheres. A set of pleasant sensations that favour complete relaxation. Time seems to slow down, the noises of everyday life dissolve into melodies that recall distant worlds. At the centre of it all, a total dedication to you, to your well-being, to your newfound energy, an authentic and unforgettable experience.





CLASSIC MASSAGES

50 min, € 110,00

- Reshaping
- Californian
- Lymph draining
- Athletic
- Spine and cervical decontracting
- Brush massage*
- Hot lava stones

SHORT MASSAGES

25 min, € 60,00

- Spine and cervical decontracting
- Lymph draining
- Visage massage
- Brush massage*
- Reflexology

*Possibility of purchasing a brush to continue the practice at home

CUSTOMISED MASSAGES

- Alpine herbs swab ritual
25 min, € 85,00
- Aromatic visage and décolleté
50 min, € 110,00
- Olistic
80 min, € 140,00
- Antistress
80 min, € 150,00

with products from


HÖBE PERGH

The Asiago Plateau offers a blend of the purest natural elements, a unique environment, medicinal Alpine plants grown in extreme climatic conditions, wild and with above-average active ingredients. It is on this land that HöbePergh was born, an exhortation to enjoy oneself that starts with the body and reaches the spirit. HöbePergh reinvents the concept of natural to create effective and certified beauty solutions, with unique and innovative patents never before used in cosmetics. It develops specific solutions that are the fruit of continuous research, experimentation and phytotherapeutic innovation.

BODY TREATMENTS

- Body scrub
25 min, € 70,00
- Detox abdomen
50 min, € 130,00
- Alpine herbs and hay cushions
50 min, € 130,00
- Cellulitis legs
80 min, € 150,00

FACE TREATMENTS

- Beauty mask
35 min, € 70,00
- Lifting
50 min, € 100,00
- Deep poor cleanser
90 min, € 150,00



MANICURE & PEDICURE

With Shellac products, the only semi-permanent nail polish that does not damage natural nails because it does not require filing of the nail, neither for application nor for removal.

- Manicure
30 min, € 40,00
- Manicure SPA
50 min, € 75,00
- Aesthetic pedicure
50 min, € 60,00
- Curative pedicure
80 min, € 70,00
- Pedicure SPA
80 min, € 95,00
- Traditional nail polish
20 min, € 10,00
- Semipermanent polish
30 min, € 25,00
- Removal semipermanent polish
20 min, € 15,00

EPILATION

With wax and oil from Neem, an Ayurvedic medicinal plant with soothing and sebum-regulating properties.

- Lip contour € 15,00
- Eyebrows € 15,00
- Armpits € 20,00
- Half leg € 40,00
- Full leg € 60,00
- Back € 50,00
- Bikini area € 40,00

